TRAILHEAD

ADVENTURE CALLS





LIVE MUSIC, SPRING FESTIVALS AND MORE

IN THIS ISSUE

SO YOU WANT TO TAKE THE FAMILY ON VACATION THIS SUMMER.

You've already decided on visiting Central Oregon (great choice!). But where to start planning? There are a lot of options. Vacation rental or resort hotel? Where can the whole family eat? Should we bring our bikes?

These are just some of the questions you might have, and that's why we're here. Visit Central Oregon wants to help you plan your perfect getaway to the high desert. We're lucky enough to call this region home, and we have the knowledge to guide you as you plan, so when you get here, you just get to enjoy your trip.

In this issue, we're sharing unique spring and summer activities across the region. Whether you choose to visit Bend, Redmond, Sisters, Prineville, La Pine, Maupin, Madras, Warm Springs, Sunriver, or Crooked River Ranch there are plenty of things to do. Central Oregon has hidden gems scattered all around that will leave you with lasting memories of your trip.

If you want more expert guidance for your trip, just ask! We're here to make sure you get to experience everything that Central Oregon has to offer. During your trip come say 'hi' in person! Our visitors' information center is in the heart of the Village shopping area in Sunriver.

Have a great trip! Visit Central Oregon



TRIP PLANNER



Where to stay, what to eat and drink, places to see and more.

OFF THE TRAIL



Central Oregon is a cultural hub for live music, theater, art and more.

DESTINATION: BLACK BUTTE RANCH



With golfing, swimming, cycling and more, Black Butte Ranch is a place where families will never be bored.

IT'S A DATE



The best fine dining in the region.

READY, SET, REDMOND



5 things to do in Redmond this spring.

MARK YOUR CALENDARS



Athletic events that bring out the whole community.

LOCAL PICKS:

3 Things



Calendar

TRAILHEAD

Produced by Visit Central Oregon Email us: trailhead@visitcentraloregon.com

A G T I V I TIES

STARGAZE IN SUNRIVER

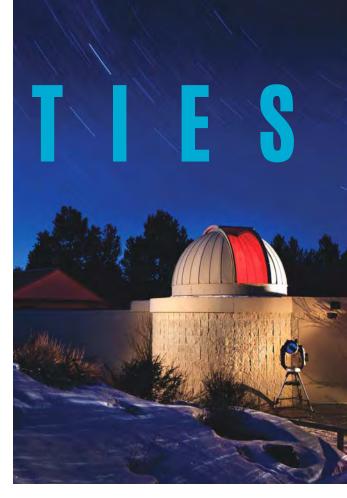
Take your stargazing to new level at the Oregon Observatory in Sunriver, where you can visit day or night and get an unparalleled view of the sky. Tucked miles away from city lights, the Oregon Observatory at the Sunriver Nature Center has 11 telescopes that allow visitors to see light years beyond Earth into the stars. Visit during the day to safely view the sun. Or, visit at night for a guided tour of constellations. Families will enjoy this unique Central Oregon activity, at the observatory which has the largest collection of telescopes for public viewing in the United States.

VISIT MCMENAMINS' SOAKING POOL

On a crisp spring evening—especially after a day of skiing, hiking or cycling—a soak in the warm pool at McMenamins Old St. Francis School is a perfect way to end the day. Grab a drink at the bar and then relax in the soothing water. Look up and see the first stars peeking out in the opening of the ceiling. The pools were inspired by the baths of Budapest, and the tilework was done by a local artist. It's a great activity that anyone can enjoy, even if you're not a guest at the hotel.

SPRING SKIING AT MT. BACHELOR

Major snowfall in late February and early March is great news for powderhounds. Mt. Bachelor has surpassed 300 total inches of snowfall this season, and it's shaping up to be great conditions for spring skiing and snowboarding at the resort. Make the most of Bachelor's prime conditions and bluebird days through the end of May. One of the best parts of spring skiing is enjoying the warmer weather at the end of the day. Once you've made your turns, stick around the West Village Lodge for an aprés ski drink and bite.







THE CENTRAL OREGON

Trip Planner

No matter what type of vacation you're looking for, here's our ultimate guide for planning the best trip to Central Oregon this year.



Who's going on your trip?

JUST YOU

Check out the Oxford Hotel in the heart of Bend for walking distance to great Prineville, the Crooked River Inn is a charming bed and breakfast where you morning.

A COUPLE

Central Oregon is a great place for a romantic getaway. Explore new places, share food, drinks, galleries, shops and more. In great meals around the region, and relax in luxury each night at FivePine Lodge in Sisters. Catch a flick at Sisters Movie House, a fourcan share a homecooked breakfast each screen theatre just steps away from Three Creeks Brewing Company.

THE WHOLE FAMILY

The high desert was made for family experiences. There are a ton of things that kids and families will love to do together. Make a vacation rental at Sunriver Resort your basecamp for activities all around the region.



What do you like to do?

FIND ADVENTURE

Families can reconnect hiking the trail around Sparks Lake or paddling kayaks on Elk Lake. In Sisters, Long Hollow Ranch offers a dude ranch experience. Wake up to a country breakfast, then spend the day horseback on a trail ride.

KICK UP YOUR FEET

It is a vacation after all. Luxury can be found all over Central Oregon.
Rejuvenate tired muscles at Anjou Spa, try out the one-of-a-kind Hop in the Spa beer soak or go wine tasting at Faith, Hope and Charity Vineyards in Terrebonne.

EXPLORE THE CULTURE

See why artists and creatives have been drawn to the region for decades. Watch your favorite band play outside at the Les Schwab Amphitheater. Sisters seems to have more art galleries than people these days (well, almost). And co-ops like The Workhouse in Bend showcase unique artisan goods to bring home.



Burger or Salad? Beer or Cider? Tablecloths or Picnic Benches?

CRAFT BREWING CENTRAL

With more than two dozen craft breweries in Central Oregon, there's a pint for every palate here. Brewpubs that also have a menu families will love include Worthy Brewing in Bend, Three Creeks in Sisters and Ochoco Brewing in Prineville.

FOOD TRUCKS ON A ROLL

Food Trucks are a fun way to feed the whole family. In Tumalo, just north of Bend, The Bite is a food truck lot serving up fantastic meals with live music, fire pits, cold beers on tap and yard games for kids.

TABLES WITH A VIEW

Along the Deschutes River, Anthony's Seafood and Greg's Grill pair their menus with riverside views. Happy hour is made happier by a sunset over the river, with a crisp evening breeze cooling you off after a day outside.





OFF THE trail

Central Oregon is more than a great place to play outside. It's the cultural hub east of the Cascades with live music, theater, art and more.

ONE OF THE SURE SIGNS that spring is turning into summer in Central Oregon is the first outdoor concert at the Les Schwab Amphitheater. Usually opening in May, the outdoor concert venue along the banks of the Deschutes River draws national acts each year. Live acts this summer will include Jason Isbell and Father John Misty, the Avett Brothers, Josh Groban, The Roots and more.

In Sisters, the place for live music is The Belfry, where you'll often find a stellar lineup of popular folk, bluegrass and Americana artists during the summer. The Belfry is housed in a converted church that was built in 1914 and is one of the region's unique venues for great shows.

While the Tower Theatre in downtown Bend hosts concerts, it also brings in plays, musicals, film festivals and national touring acts that the entire family would love to see. Spend a night on the town seeing a show, then walk to any number of downtown restaurants for dinner, drinks or dessert.

In Sunriver, The Great Hall has a history older than the mountain village itself. The log-cabin lodge was built in 1941 by the Army Corps of Engineers and today is used as an event space. Classical music fans will want to make sure to see a performance of the Sunriver Music Festival there.



DATE NIGHT

Central Oregon's culinary scene has upped its game with these fine dining restaurants. You may need a reservation, but you won't be turned away if you still have your hiking boots on.

CARSON'S AMERICAN KITCHEN

Carson's American Kitchen is a lively fine dining restaurant in Sunriver Resort that offers a menu that would satisfy anyone. The Pacific Northwest-style fare is served for breakfast, lunch and dinner. It's a favorite destination in the area for its quality dishes and friendly staff. Entrees highlight the regional bounty, including panseared rainbow trout, juniper berry-crusted venison, high desert beef burger and more. Start your meal with drinks, stay for dessert and enjoy the expansive views of the Deschutes National Forest and Cascades alongside your meal.



ARIANA RESTAURANT

A seasonal menu bursting with innovation paired with an intimate atmosphere keeps Ariana Restaurant on the top of fine dining lists in Bend for locals and visitors alike. Wild cod with fennel and black truffle, duck in a brown butter bearnaise, ruby and gold beets with chevre—you'll be dreaming about the dishes at Ariana for years to come. If you're feeling adventurous, opt for the Chef's Tasting Menu and be guided along in a culinary journey by Ariana's husband-wife chef team. Look to the knowledgeable and friendly staff for wine pairings featuring local and international bottles.



THE PORCH

For upscale comfort food in Central Oregon, look no further than The Porch in Sisters. The restaurant is inside a quaint cottage on a side street of Sisters, and the cozy atmosphere matches a menu that warms from the inside out. You'll find a variety of dishes on the menu, from seafood pot pie to chicken and waffles to meatloaf to peanut curry. Hitting the right notes of classic dishes with modern flavors, The Porch has stolen the hearts of diners across Central Oregon for years.

BOS TAURUS

Bos Taurus may be the new kid on the block, but just one year after opening in downtown Bend and this modern, urban steakhouse has landed as one of the best fine dining restaurants in the region. The proof is in the menu, where the provenance of the meat is highlighted above all else. Chef George Morris has sourced high-quality beef from around the world and seared it to perfection. There are other delights to taste as well, like oysters on the half-shell, coq-au-vin, honey-bruleed cheese. The one-of-a-kind cocktail menu makes Bos a great place to grab drinks in downtown Bend as well, where you can soak in the big city atmosphere tucked inside the mountain town.

MARK YOUR CALENDARS

Athletic events not to miss in Central Oregon.

The region's varied terrain, from mountain peaks to dry trails to whitewater rapids, has drawn athletes to test their skills in the high desert. Each year, a series of athletic events, often raising money for local nonprofits, brings out the competition and camaraderie among residents and visitors. Here are some favorite events to add to your calendar and plan a trip around.

SALMON RUN & LITTLE FRY RUN

What: One of the oldest organized races in Bend that is inspired by the homecoming of the fierce Pacific Northwest fish to raise money for the Environmental Center of Bend.

When: April 7

Where: Athletic Club of Bend

Who: Adults can join the 5k, 10k or half-marathon races, and kids can take part in the fun of the non-competitive

Little Fry Run.

DESCHUTES RIVER VALLEY TIME TRIAL STAGE RACE

What: A cycling event for men and women that takes you over the challenging terrain of the lower Deschutes River basin.

When: April 26-28
Where: Maupin

Who: Cyclists looking for a challenging series of races on the Deschutes River, with a party held at Maupin's Imperial Bar &

Grill with burgers and beer.

GERRY LOPEZ BIG WAVE CHALLENGE

What: A snowsport event inspired by the ocean waves and local surf and snowboarding legend Gerry Lopez.

When: April 12-14 **Where:** Mt. Bachelor

Who: Amateur and professional snowboarders compete in this snowboarding-only competition designed to mimic surfing ocean waves. If you're getting spring skiing turns in, it's a fun competition to watch.

SELCO POLE PEDAL PADDLE

What: A multisport event includes skiing, running, cycling and paddling in an iconic race from the mountain to town.

When: May 18

Where: Mt. Bachelor to the Old Mill District

Who: Everyone. The Pole Pedal Paddle can be raced individually or in teams as a professional or amateur. If you're in town that weekend, head to the Old Mill District to cheer on the competitors.



DESTINATION:

Black Butte Ranch

AS DRIVERS COME EAST over Santiam Pass and drop into the high desert, lush green forests transition into pine and sagebrush, jagged and snow-dusted mountain peaks surround and the crisp aroma of juniper fills the air. A few miles before Sisters, Black Butte Ranch beckons.

It's the kind of place that has stolen the hearts of Oregonians for decades as a place to relax and retreat. Around three hundred people call it home year-round, but thousands arrive as visitors each year to surround themselves by forest, explore the outdoors, and reconnect with family and friends at the ranch. You won't find a shopping center here, but you will find an escape from city life and plenty of room to roam for a weekend.



Home Away From Home

Black Butte Ranch has the atmosphere of a charming neighborhood, with roads that wind and curve around the regions rugged high desert landscape and ample space around the high desert landscape, providing ample space between rental homes and a feeling of seclusion in the woods.

There are 1,250 homes and vacation rentals at Black Butte Ranch, from houses that are perfect for couples on a romantic getaway to lodges that can accomodate the entire extended family. There are also two and three-bedroom condos within walking distance to some of Black Butte's amenities. Each home is privately owned and professionally managed, and they come equipped with all the essentials for an extended stay.

Take your pick among rentals with hot tubs, bikes available for use or outdoor grills. There are pet-friendly homes as well as those with backyard access to one of the renowned golf courses. Each rental is decorated with unique lodge style, providing a warm and cozy place to retreat to each night after a day outside.

With a range of styles and price ranges, there truly is a vacation rental that can suit any need. A stunning view—whether that be of the Cascade Range, high desert woods or green and golden meadows—is found wherever you choose to stay.





1,800 Acres of Activities

While some choose Black Butte Ranch to cozy up by a fire and relax for a weekend, others choose it for the limitless activities that are available. With 1,800 acres to explore, kids and families will always find ways to fill the days.

There are five swimming pools scattered around Black Butte. The Lakeside pool recently underwent an extensive renovation, and the result is a stunning modern center of life in Black Butte. The modern structure with revamped facilities opens up to a sixteen-person hot tub, large pool and poolside bar. Laze around the site and enjoy the uninterrupted view of Mount Washington.

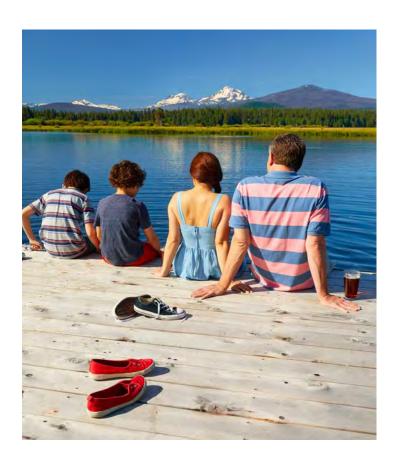
For those that come to practice their swing on the greens, there are two award-winning 18-hole courses at Black Butte. These scenic and challenging courses have been rated as not only two of the best in Central Oregon, but also as two of the sought-after courses in the state. The Big Meadow Course features "expansive fairways, sweeping cape-and-bay bunkers and elevated green complexes to challenge golfers of all skill levels," according to Black Butte Ranch, while the Glaze

Meadow Course has "slightly elevated greens, square tee boxes and deep grass-faced bunkers" that will satisfy any classic golfer.

Eighteen miles of paved bike paths loop through the ranch, so kids can enjoy biking in a safe and friendly environment. Black Butte also has 15 outdoor tennis courts throughout the ranch and designated horseback riding trails.

There are three restaurants at Black Butte Ranch where you could choose from any number of delicious meals. The Lodge Restaurant & Aspen Lounge is an upscale dining experience that offers artisan Pacific Northwest fare. The Lakeside Bistro is the perfect place to grab breakfast and lunch, with casual dining options the entire family will love. Robert's Pub has the atmosphere of a Central Oregon brewpub, with burgers, sandwiches, salads and more to enjoy after a day of exploring.

With so many activities to choose from—and that's all before stepping outside the ranch—it's impossible to be bored.

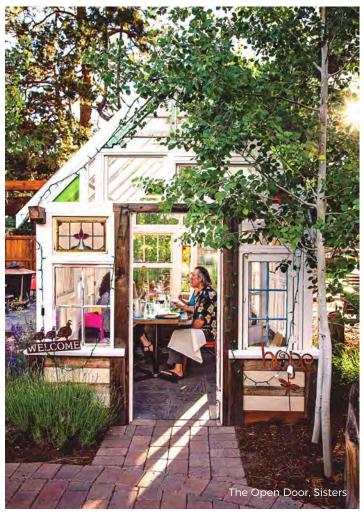


Exploring Sisters and Beyond

One of the draws of Black Butte Ranch is that while it feels secluded in the high desert, it's also just a short drive away from Sisters. The Western-themed town of around 3,000 people has boutiques, art galleries, fine dining, casual eats, coffee shops, sweets and more to enjoy, even the country's first beer spa. Stroll through town to get a sense of Central Oregon's artistic roots.

For family hiking nearby, popular trails include the place for which Black Butte Ranch is named. The hiking trail up Black Butte is just about two-miles (straight up) and offers 360-degree views of the region. In close by Camp Sherman, the Metolius River has 11 miles of flat trails along the river, where families can hike and spot kokanee salmon and bull and rainbow trout.

As the weather heats up, the region's alpine lakes do as well and become popular swimming holes. Back on Santiam Pass, Suttle Lake is popular with paddlers and swimmers. And just up the road from there, Scout Lake is a shallow spot with warm water that families swim in all summer long.





PACIFIC CRES

ENDURANCE SPORTS FESTIVAL SUNRIVER-OREGON

23rd ANNIVERSARY | June 28-30, 2019

The 23rd Annual Pacific Crest Endurance Sports Festival offering 20 different events is the must-do RACE-CATION event in stunning Sunriver—15 miles from Bend, Oregon.

> Post event party & beer sponsored by **Village Bar & Grill and Deschutes Brewery**

Fun and action-packed Fitness Expo

Live Sunset Concert Fri & Sat nights

- 20 different scenic races on paved forest trails with views of Mt. Bachelor & the Deschutes River
- USAT Sanctioned races
- Kids Splash, Pedal & Dash, Kids runs & Huge Fitness Expo with Mini-Golf, Bumper Cars, Jump Houses & Rock-climbing
- Relay options for family, friends & team building
- Technical Finisher's Shirt
- Finisher's Medal & Accurate Chip Timing
- Awards/Prizes Beast medal for doing 2+ races
- Prize purse for 72.3 BEASTMAN Tri!
- Help support Care for Kids, Team in Training and various other local and NW charities & school clubs/teams

BEASTMAN 72.3

OLYMPIC

ULTRA SPRINT

TRIATHLON

DUATHLON

AQUA BIKE

KIDS RACES

26.2

13.1

6.2

3.1

28K TRAIL RUN

0

50K TRAIL RUN **TOUR DE** CREST

REGISTER & FIND DETAILS at WHYRacingEvents.



































































READY, SET, REDMOND

Five ways to explore Redmond this spring.

Hike to Steelhead Falls

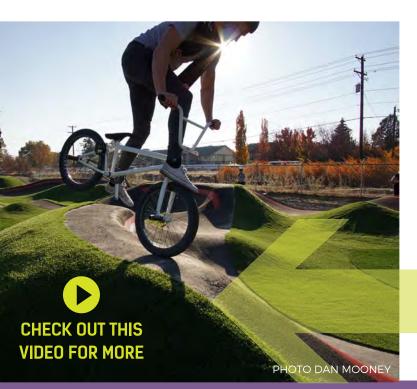
Waterfalls are a popular attraction in Central Oregon, and Steelhead Falls is no exception. A half-mile trail into the Deschutes River canyon takes hikers to a stunning view of Steelhead Falls. Pack a picnic and relax on the cliffs that overlook the falls. The dusty trail can be hot in the summer, so spring is the perfect time to visit to avoid the heat.

See the Redmond Caves

Lava flow from the Newberry Crater created this natural site (that's also across the street from the Redmond Airport). The group of five caves is open year-round to explore. Walk through the lava tubes to get close to the geology that has shaped the high desert. Just off the road, the caves are a great stop for a road trip through Central Oregon. Remember to bring a flashlight and leave pets at home.

Uncover Antique Treasures

History is on display at Redmond's antique stores. The city is known throughout the Pacific Northwest for its unique collections of antique finds. There are four antique stores within walking distance of downtown Redmond where you'll find a impressively curated selection of goods.







Enjoy Tea Time at AK's Tea Room

Inside the historic Redmond Hotel, AK's Tea Room offers a taste of Britain in Redmond. This authentic British tea house has a menu of tasty loose-leaf teas served in charming teapots and cups and saucers. The delicious bites alongside such as scones, cakes, sandwiches and sweets are all made from scratch. It's the perfect place to stop in Redmond for a mid-afternoon pick-me-up.

Ride the Pump Track

Residents and visitors have a group of local kids to thank for the new pump track at Homestead Park. The track features banks, turns and jumps with turf in between for a unique and fun experience. The connected loops of the course allow riders of all ages and abilities to enjoy the pump track and practice their skills in a safe and fun environment.





VIEW OUR FULL CALENDAR

GARDEN BROS CIRCUS

APRIL 19

Coming to the Crook County Fairgrounds is a show packed with breathtaking special effects and talented performers from twenty-two countries. The Garden Bros Circus will be bursting with excitement, laughter and memories families can cherish forever. There will be aerial artists, motorcycle tricks, clowns and jugglers as seen on America's Got Talent plus lots of animals and a kids' area.

POLE PEDAL PADDLE

MAY 18

The Pole Pedal Paddle is the ultimate multisport competition in Central Oregon. Competitors will race from Mt. Bachelor to Bend's Old Mill District by skiing, biking, swimming, paddling and running. The event started in 1977 and draws the entire community out to join in or support the racers.

EARTH DAY FAIR & PARADE

APRIL 20

Each year, kids and families dress up to participate in the Earth Day Parade through downtown Bend. Celebrating the natural world and conservation, the parade ends at a street fair at the Environmental Center that has arts and crafts, live music, local vendors and more.

MAUPIN DAZE

MAY 18

Head to Maupin, the small town on the lower Deschutes River (and less than two hours from Bend), for a day full of activities that the whole family will enjoy. There's a parade through Maupin's main street, local vendors, arts and crafts, live music and more.

TRAILHEAD

ADVENTURE CALLS

CONTINUE
THE
JOURNEY

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